

TRANSYLVANIA GYM & SOCCER LLC
Tel 203-778-6623 web-site www.Transylvaniasoccer.com

Soccer clinics during summer break with Transylvania gym & Soccer LLC @ Rippowam Cisca school- Mount Kisco / NY

DATES: July 12 to September 3, 2010

Field location: Rippowam CISQUA school (the address: 325 West Patent Rd, Mount Kisco, NY, 10549)

- o **MONDAYS**, Girls **ages 10-11** (girls born after 7/31/99)
July12,19,26, August 2, 9, 16, 23&30, 5:00 pm - 6:30 pm
- o **MONDAYS**, Girls **ages 12-14** (girls born after 7/31/95)
July12,19,26, August2,9,16,23&30, 6:30 pm - 8:00 pm
- o **TUESDAYS**, Boys **ages 9-10** (boys born after 7/31/99)
July 13,20,27, August3,10,17,24&31, 5:00 pm - 6:30 pm
- o **TUESDAYS**, Boys **ages 11-13** (boys born after 7/31/96)
July 13,20,27, August3,10,17,24&31, 6:30 pm - 8:00 pm
- o **WEDNESDAYS**, Boys & Girls Kindergarten **ages 4&5**
July 14,21,28, August4,11,18,25&September1,5:00 pm - 6:00 pm
- o **WEDNESDAYS**, Boys High School **ages 14-18** (boys born after 7/31/1980) July 14,21,28, Aug.4,11,18,25&Sept.1, 6:00 pm - 7:30 pm
- o **THURSDAYS**, Boys & Girls **ages 7-8** (born after 7/31/01)
July 15,22,29, August5,12,19,26&Sept2, 5:00 pm - 6:15 pm
- o **THURSDAYS**, Girls **ages 8-9** (girls born after 7/31/00)
July 15,22,29, August5,12,19,26&Sept2, 6:15 pm - 7:30 pm
- o **FRIDAYS**, Boys & Girls 1st & 2nd grade **ages 6-7** (born after 7/31/02) July 16,23,30, Aug6,13,20,27&Sept3,5:00 pm - 6:15 pm
- o **FRIDAYS**, Girls High School **ages 14-18** (girls born after 7/31/1980) July 16,23,30, Aug6,13,20,27&Sept3, 6:15 pm - 7:45 pm

GENERAL INFORMATION

Practices are ON rain (covered field house near the soccer field) or shine (outdoor at lower field), for that reason please make sure your child/children should wear CLEATS and also should bring sneakers on his/her back, in case if the weather will make us to switch from outdoor to indoor (hard /black top floor). Please check Transylvania Gym & Soccer LLC's website prior to come at each practice, for weather related Cancellations. www.Transylvaniasoccer.com

PRACTICE LOCATION: RippowamCisquaschool; 325 West Patent Road, Mount Kisco, NY 10549

Pricing: \$ 120.00 / each participant

Please send the check to Transylvania Gym & Soccer LLC, along with completed registration and signed waiver form, to: Transylvania Gym & Soccer LLC, 11 Grace Court, Bethel, Connecticut 06801

REGISTRATION FORM

Name -----Date of birth-----

Address-----

Town-----State-----Zip-----

Home Tel-----Emergency Tel-----

E-mail-----

Transylvania Gym & Soccer LLC –

- OPEN CLINIC- SOCCER DEVELOPMENTAL PROGRAM -

Waiver of Liability/ Emergency Authorization

To enable the Rippowam Cisca & Transylvania Gym & Soccer LLC to accept registration and permit participation in the Rippowam Cisca and Transylvania Gym & Soccer LLC's activities by the above named player, I player's parent /guardian, hereby give my consent to his /her participation and agree to release, indemnify, and hold harmless, the Rippowam Cisca and Transylvania Gym & Soccer LLC, their officers, directors instructors/coaches, and representatives from any claim out for injury arising out of the Rippowam Cisca and Transylvania Gym & Soccer LLC's activities.

In case of emergency I hereby authorize treatment and care of player by any hospital, doctor, or emergency or ambulance association.

Parent /guardian Signature

Date

MISSION STATEMENT

The Transylvania Soccer clinic is committed to providing quality instruction in a fun-filled atmosphere. Our organizational goal is to have every player leave with better soccer skills and knowledge of the game, than when they arrived. We hope the players will play the game of soccer with more enthusiasm based by the knowledge and new skills they will acquire.

FOR ALL SKILL LEVELS

We have developed flexible programs for all ages that include appropriate activities and games, the progressive match play to correspond to their age, level and experience of play.

Ages 4-5

- o Teaching will be focused on the ball control, turning, dribbling and shooting.
- o Small sided games

Ages 6-7

- o Concentration on changing direction, pace of run, fairs, shielding, dribbling and passing for possession, also power shooting.
- o Specific and appropriate fitness training

Ages 8-9

- o Systematic improvement and consolidation of various sequences of movement.
- o Emphasis on technique refinement.
- o Strengthening shooting and footwork skills.
- o Specific and appropriate fitness training

Ages 10-13

- o Solidifying advance techniques under time, space and opposition pressure.
- o Tactical planning individual and group training.
- o Consolidation and improve condition with motivational, soccer-specific exercises.
- o Specific and appropriate fitness training

Ages 14 – 18 – HIGH SCHOOL

- o Solidify, refine and perfect basic technique and tactics; and adapt them to higher demands of match play.
- o Develop team play-Tactical Functional training.
- o Specific and appropriate fitness training.

CLINIC DIRECTOR

CONSTANTIN ALBU

Successful career as a European player in Romania and Germany, coupled with teaching background in physical education has given Constantin the special ability to combine superior soccer knowledge with a unique approach to teaching youth players.

CREDENTIALS

- USSEF "A" LICENSED COACH, from 1998 to present
- ROMANIAN Category 1, U.E.F.A pro license coach
- Bachelor's degree – Physical Education
- Transylvania Gym & Soccer LLC, founding Director (1996 to Present)
- Head Coach - Brookfield High School (1996-1999)
- Romanian Junior National Team (1981)
- Team Autobuzul - Rocar Bucharest (1975-1986)
- S.V. Lohse Oberbeck - Germany (1993)
- President and Director of coaching of FC Transylvania Inc. premier club (2006 to present)

Coaches Staff:

SOFRONE (RONNIE) BACULA

- Transylvania Gym & Soccer LLC Coach - 2007 to present
- Head coach FC Transylvania Boys U9 team
- Head coach of Pleasantville Rangers Boys HS team

LAURA BURLACU

- Transylvania Gym & Soccer LLC Coach 2008 to present
- Head Coach of FC Transylvania – Red Storm / Girls U9 team
- Licensed coach NSCAA Coaching Academy since 2009
- PSAL soccer player of the Year 2000-2002 and winner of the PSAL Heisman Wingate Award awarded to the most outstanding NYC Senior Athlete
- St. John's University on both academic and athletic scholarship
- Graduated in 2006 from St. John's University with both athletic and academic honors

BOGDAN BRACEA

- Transylvania Soccer Coach (2006 to Present)
- Former (best) player of Bridgeport University 2005 - 2009